

| Are you experiencing any of these symptoms? | |
|---|-----------------------|
| Do you wake up at night to urinate? If yes, how many times? | [Yes No] [___] |
| Do you void frequently during the day? If yes, how many times? | [Yes No] [___] |
| Do you have to rush to get to the bathroom? | [Yes No] |
| Do you have a slow/weak urine stream? | [Yes No] |
| Do you have to wait for your pee to start? | [Yes No] |
| Do you have to push/bear down for your pee to start? | [Yes No] |
| Do you feel like you have some pee left in your bladder immediately after you pee? | [Yes No] |
| Have you seen blood in your urine? | [Yes No] |
| Have you ever had any pain in your pelvis/perineum? | [Yes No] |
| Do you have a history of urinary tract infections? If yes, how many times/how often? | [Yes No] [_____] |
| Do you have a history of kidney stones? If yes, how many times? | [Yes No] [___] |
| Have you ever been unable to pee ? If yes when? | [Yes No] [_____] |
| Have you ever had a catheter? | [Yes No] |

Do you take any medications?
 (Specially those that you're taking for peeing better/prostate pills)?
 (Please list all medications to the best of your ability, name, dosage, how long been on this medication)

Medications Taken:

Do you take any blood thinners? [Yes|No]

Have you seen a urologist before? If yes, please explain why?
 [_____]

Have you ever had your PSA measured? If yes, when was it? What was the number? [Yes|No]

Have you ever had a prostate biopsy? If yes, when was it? What were the results? [Yes|No]

Have you ever had a prostate MRI? If yes, when was it? [Yes|No]

Have you ever had a transrectal ultrasound of the prostate? If yes, when was it? [Yes|No]

Have you had a previous cystoscopy? [Yes|No]
 If yes:
 Date of procedure:
 Location of procedure:
 Results:

Do you smoke or use nicotine products on a daily basis? [Yes|No]
 If yes:
 How many cigarettes per day?
 For how many years?

| Have you been diagnosed or suspected to have any of the following? | |
|---|-----------------|
| Kidney disease | [Yes No Unsure] |
| Sleep apnea If Yes, please indicate year of diagnosis | [Yes No Unsure] |
| Bleeding tendency If Yes: please indicate year of diagnosis | [Yes No Unsure] |
| Cancer If Yes: please indicate year of diagnosis and specify the type | [Yes No Unsure] |
| Neurological diseases (MS, Parkinson's disease, feeling weakness or numbness in your hands or feet) | [Yes No Unsure] |
| Accidents or injury to the spine | [Yes No Unsure] |
| Degenerative disc disease | [Yes No Unsure] |
| Diabetes Mellitus If Yes: please indicate year of diagnosis [on insulin on pills watching diet] | [Yes No Unsure] |

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| Do you have a family history of (prostate/bladder/kidney cancer)? If Yes: please indicate relation, type of cancer and age at the diagnosis | [Yes No] |
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| How much fluid do you drink during the day (how many glasses or cups)? (Including water, juice, coffee, tea, pop, energy drinks) | [Yes No] |
| How much of it is after 6 PM? | [Yes No] |